

What's in season?

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Apricots												
Asparagus												
Avocadoes												
Bananas												
Beans												
Beetroot												
Blackberries												
Blueberries												
Broccoli												
Brussel Sprouts												
Cabbage (red)												
Cabbage (green)												
Capsicums												
Carrots												
Cauliflower												
Celery												
Cherries												
Chillies												
Coconuts												
Courgettes												
Cucumber (telegraph)												
Cucumber (short)												
Eggplant												
Feijoas												
Garlic												
Ginger												
Grapefruit												
Grapes												
Honeydew Melon												
Kiwifruit												
Kumaras												
Leeks												
Lemons												
Lettuce												
Limes												
Mandarins												
Mangoes												
Melons												
Mushrooms												
Nectarines												
Onions												
Oranges												
Parsnip												
Paw Paw												
Peaches												
Pears												
Pineapple												
Plums												
Potatoes												
Pumpkin												
Radishes												
Raspberries												
Rhubarb												
Silver beet												
Snow Peas												
Spinach												
Spring Onion												
Sprouted Beans & Seeds												
Squash												
Strawberries												
Swedes												
Sweetcorn												
Tangelos												
Taro												
Tomatoes												
Turnip												
Watercress												
Yams												

AVAILABILITY

- Plentiful supply
- Short supply
- Imported
- Unavailable

* Information courtesy of Turners & Growers

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